



The South Lawn Medical Practice News May 2018

Bank Holiday Opening Times

We will be closed on Monday 7th May, and will re-open at 8.30am on Tuesday 8th May, also closed Monday 28th May and will re-open at 8.30am on Tuesday 29th May.



Please allow plenty of time when ordering your prescriptions as we are likely to be busy before the Bank Holidays.

Please ensure you have sufficient medication for whilst the Practice is closed.

IF THE SURGERY IS CLOSED AND YOU HAVE AN URGENT MEDICAL PROBLEM WHICH CANNOT WAIT UNTIL THE SURGERY RE-OPENS, PLEASE TELEPHONE NHS 111 FOR ADVICE.

Stroke—Act FAST

A stroke is a “brain attack” caused by a disturbance in the blood supply to the brain. It is a medical emergency and requires immediate medical attention. Recognising the signs of stroke and calling 999 for an ambulance is crucial.

When stroke strikes, act **FAST**.

Face—has their face fallen on one side? Can they smile?

Arms—can they raise both arms and keep them there?

Speech—is their speech slurred?

Time to call 999—if you see any single one of these signs.

The sooner somebody who is having a stroke gets urgent medical attention, the better their chances of a good recovery

For more information visit www.nhs.uk/actfast

Hay Fever

Hay Fever is caused by pollen or spores, and can cause a range of symptoms including sneezing, runny nose and itchy eyes. It is a common condition which affects 20% of people in the UK.

Hay Fever cannot be cured completely, but there are a number of treatments available to relieve the symptoms. These include antihistamine tablets, nasal (nose) sprays and eye drops. Some can only be prescribed by a GP, but many are available over-the-counter in pharmacies.



Please speak to your GP if you need further advice on managing symptoms of Hay Fever.

How well are we doing?

We are interested to hear how likely you would be to recommend our Practice to a Friend or Family member who needed similar treatment—you can give feedback via our website or by completing a form from the waiting room.

We are also being visited by the Care Quality Commission on May 15th—you can come in and speak to a member of the inspection team, or complete a comments card and post this back to us in the waiting room

Thank you for your time

