



# The South Lawn Medical Practice News February 2019

## Healthy Heart

**This Valentines Day why not ensure you are taking the best possible care of your heart by booking an appointment with a member of the Practice Nurse Team for advice on healthy eating and lifestyle advice?**



## So long, farewell .....

Dr Alison Hudson will be retiring from the partnership with effect from 31 March 2019.

*Goodbye*

We are in the process of writing to all her patients to explain the changes but in the meantime can confirm that Dr Zara Taylor who was our registrar during 2017/18 will be joining the partnership with effect from 1 April 2019

We are sad to wave farewell to Dr Hudson who has been part of the SLMP team since 1990 - but we look forward to working with Dr Taylor in the years to come.



## Good Friends

**The Friends would really welcome any volunteers—even those who could not manage to help every week, but who could help with cover for holidays or sickness. If you are interested in giving a few hours of your time, please talk to Jackie, the Friends Coordinator.**

**Jackie is available on 277409, or in the League of Friends office at the Health Centre**

**Please also remember the Friends shop when turning out unwanted presents, puzzles, books and bric-a-brac.**

**Thank you.**



## On the move?

Please do let us know straightaway if you move house or change any of your telephone numbers – you can telephone us or complete a form at Reception.

It is essential for your on-going care that we are able to contact you as quickly as possible when we need to.

**The South Lawn Medical Practice, Heavitree Health Centre, South Lawn Terrace, Heavitree, Exeter EX1 2RX (Tel: 01392 281101)**

**Why not visit us online? [www.slmp.co.uk](http://www.slmp.co.uk)**